

Blood Cancer United

Food is Medicine: Supporting Cancer Treatment, Side Effects, and Recovery

Saturday, November 14, 2026

11:00am - 2:00pm

The Loom | 2220 Livingston Street, Suite 214 | Oakland, CA 94606

Register today

Visit bcutd.org/NorCal111426

Program contact:

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BloodCancerUnited.org | 800.955.4572



About the program

Join us for an informative education program promoting health in the Black community. Broadening your understanding of laboratory findings, common treatment regimens, and side effects for blood cancer can create a foundation for inclusion of wholistic support in cancer care.

Learn about the importance of healthy food choices and meal preparation to promote optimum health and to support cancer treatment recovery. This engaging session will highlight not only why nutrition matters but growing confidence about how to put those recommendations into practice. Enjoy a live cooking demonstration offering practical, evidence-informed nutrition strategies that you can immediately apply at home.

- Explore access and barriers to high-quality foods.
- Expand your understanding of how nutrition can impact inflammation, metabolic issues, and protect bone and kidney health.
- Learn more about the free local and national resources available through Blood Cancer United

All are welcome. Come for information. Stay for connection.



Speakers



*Shanette
Merrick*

Co-Founder &
Executive Director
The Good Place



*Tiffany Brown,
DNP, FNP-C,
MADD, BSN, RN*

Nurse Practitioner
Stanford Health Care

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THE GOOD LIFE

**Empowering Black Communities
through Free Educational Outreach
and Enhanced Access to Care**